



Morris Family Chiropractic

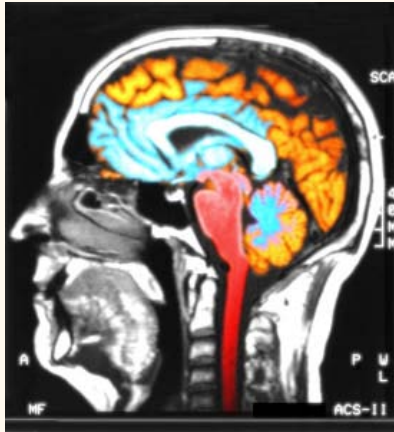
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Dr. Brian Morris
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August 2011 Newsletter



Normal Carotid
and Vertebral
arteries coming
off the aortic
arch



Can Chiropractic Care Reduce the Risk of Alzheimer's?

A slow starvation of the brain over time is one of the major triggers of the biochemistry that causes some forms of Alzheimer's, according to a new study that is helping to crack the mystery of the disease's origin.

Robert Vassar of Northwestern University recently found that when the brain doesn't get enough glucose, a process is launched that ultimately produces the sticky clumps of protein that appear to be a cause of Alzheimer's. The brain can become deprived of adequate nutrients when its blood flow becomes restricted. *"This finding is significant because it suggests that improving blood flow to the brain might be an effective therapeutic approach to prevent or treat Alzheimer's,"* he said.

This is a very exciting prospect of this finding because upper cervical adjustments performed by chiropractors improve the biomechanics of the cervical spine, which carries and protects the vertebral arteries.

Two vertebral arteries travel up the sides of the neck, into the skull, fueling the brain with nutrient-rich blood. Misalignment of the first cervical vertebra (C1), also called the Atlas, can stretch or apply unilateral traction to these arteries, possibly altering blood flow to one or both sides of the brain.

Receiving Upper Cervical chiropractic care can correct this misalignment, and may be of tremendous benefit to the 10,000,000 baby-boomers who are at risk for developing Alzheimer's Disease in their lifetime.

Health News



“The Super Glue of LIFE”

Ever wonder what keeps your heart beating in rhythm while you exercise, or knows the exact amount of white blood cells to produce when you're fighting an infection? How about mending a broken bone? Is it the cast that unites damaged bone or the bandage that seals broken skin? Think again.

Chiropractors recognize that there's an intangible force, an innate intelligence far greater than we can understand that holds us together and keeps us alive... an intelligent 'super glue' that binds together all our cells, tissues and organs and coordinates their various functions to produce health. It grew you from two microscopic cells into a thriving, vibrant person and maintains your existence at this very moment. BJ Palmer, the developer of Chiropractic, once asked... “have you more faith in a knife or a spoonful of medicine than in the power that animates the living world?” That's a question every chiropractic patient must answer honestly for themselves if they truly want to get the most out of their care.



“One Down... the Rest of Your LIFE to Go!”

How many healthy meals does it take to lose 20 lbs? Or how many miles on the treadmill does it take to shed 5 inches? It obviously takes more than just one, and you've got to stick with it to maintain the results. Well, the same goes for your Chiropractic care. It takes more than one adjustment to change your state of health. It's true the body has a greater potential to improve even after just one adjustment. But like eating well and exercising, you achieve lasting results *only* with repetition and consistency.

So how long should you stick with your new diet regimen, exercise routine or spinal maintenance plan? The answer is, as long as you want to be healthy... and hopefully that's for the rest of your Life. In the world of fitness, healthy eating and Chiropractic, there's no such thing as 'one and done.' You've got to stick with it to reap the rewards.

Important News About You!



**Ask Us About our
Community Outreach
Program!**

**We can speak at your work,
clubs, organizations, and
even churches!**



Today we are exposed to the greatest toxic load in the history of our planet and ongoing periodic detoxification is essential to maintain health and avoid disease. The IonCleanse, in combination with a healthy, low-stress lifestyle, provides a thorough and efficient way to maintain high energy levels and long term wellness.

We believe the IonCleanse detoxifies the body more effectively and faster than any herbal or fasting protocols, with little or no stress to the patient. Used properly, the IonCleanse provides a comfortable and relaxing way to rid the body of toxins without precipitating healing crises.

Welcome to our Practice

Patients are the lifeblood of our practice. We realize that you have a choice, and we are proud to give you the opportunity to let us get you closer to a happy and healthy life!

Our Vision

WE SERVE OUR PATIENTS WITH THE HIGHEST QUALITY OF CARE. WE RESPECT, HONOR, AND SERVE THEM IN THE CORRECTION OF SPINAL SUBLUXATION. WE ARE LOVING, POSITIVE AND FRIENDLY. WE LEAD THEM ON THE PATH TO LIFETIME HEALTH AND WELLNESS. WE LEAD THEM ON THE PATH TO LIFETIME HEALTH AND WELLNESS. WE ARE PROSPEROUS AND SUCCESSFUL. WE ARE BLESSED TO SERVE WITH LOVE AND RECEIVE ABUNDANCE.

Let's Wish Happy Birthday to the Following Patients!

Happy birthday to you... happy birthday to you... We'd like to give special recognition to all the patients who have a August birthday. We have a large patient population with a birthday in August, so unfortunately we can not list all of you. We hope each one of you enjoys your special day.

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<http://morriswellnesscenter.blogspot.com>

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The Staff at morris family chiropractic would like to wish everyone a happy and healthy summer!



Upcoming Events:

July 29th Village Market
@ Garfield Park from 4-8pm

July 31st Convoy Of Hope
@ Lake County Fair Grounds
11-6pm

August 4th Health Fair @
Holden Arb. from 10-2pm

August 5th-6th Lake Wine Fest.
@ Lake Farm Park from 1-10pm

August 16th-21st Lake County Fair
@ Fairgrounds



Office Hours

Drs. Brian and Misty Morris offer Chiropractic Services

Monday

8:00 - 10:00 3:00 - 6:00

Tuesday

8:00 - 10:00 3:00 - 6:00

Wednesday

Administrative Day

Thursday

8:00 - 10:00 3:00 - 6:00

Friday

by appointment only

Saturday

by appointment only

Sunday

Closed



Verse of the Month

Ephesians 5:1-2 "Be imitators of God, therefore, as dearly loved children and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God."

August 2011 Special Offer
New patient exam for just \$47.00
includes: consultation, examination, and x-rays

